



### Sweet corn and black bean salad

4 cobs corn boiled for 10 minutes and then cut the kernels from the cob

1 can drained cooked black turtle beans,

1tbspn chipotle chilli mashed

2 cloves garlic crushed

1/2 cup chopped coriander

3 tbsp olive oil

2 Tbsp Red wine vinegar

1 tbsp sugar

1tsp salt

Toss all of the ingredients together check seasoning and serve as is or with grilled prawns, panfried fish filets, or toss through some picked crab meat.